

The Best Start In Life For Your Child

Have you seen our Family Space



**Barnardo's
Family Space**



Understanding Your Baby: six weekly workshops lasting up to 2 hours. Includes feeding, feelings, behaviour and brain development.

Course in-progress - check our website for future dates



Sleep: a workshop lasting up to 1.5 hours. Includes sleep routines and safe sleep for your baby and toddler.

Start date: 19 Mar



Starting Solids: a workshop lasting up to 1.5 hours. Includes food safety and allergies.

Dates: 6 Feb or 28 Feb



Five to Thrive: four weekly workshops lasting up to 2 hours. Includes brain development, responding to your baby, the importance of touch and sensory play.

Start date: 6 Mar



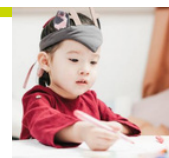
Potty Training: workshop (up to 2 hours).

Start date: 27 Feb



Oral Health: workshop (up to 2 hours).

Dates: 20 Feb or 26 Mar



School readiness: three short films with optional live Q & A session on request.

To book
use
QR code
or link



**All of the above are being delivered in a live virtual session
and will be via Zoom**

**Surrey Heath Family Centre
Kingston Road
Camberley
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GU15 4AF
Tel: 01276 462897**

**Believe in
children
Barnardo's**

<https://virtualfamilyspace.barnardos.org.uk>

Barnardo's Reg. Charity Nos. 216250 & SC037605