



Frimley Church of England Junior School

26.05.22

Dear Parents/Carers,

Within the PSHE and Science curriculum, there is a mandatory requirement for schools to provide teaching and learning pertaining to the emotional, social and physical aspects of growing up.

As a school we use the Christopher Winter Project to support the PSHE 'Changing Me' topic. The Christopher Winter Project provides a series of age appropriate lessons which will be delivered by your child's class teacher, or in the case of staff absence, a teacher that your child is familiar with. Below is a list of planned lesson objectives for your child's year group.

Year 4 planned lessons:

- **Understand that everyone is unique and special**
- **Can express how they feel when change happens**
- **To explore the human lifecycle**
- **To identify some facts about puberty**
- **To explore how puberty is linked to reproduction**
- **Know who to ask for help if they are worried about change**
- **Are looking forward to change**

We are aware that this can uncover sensitive issues; in order to create a 'safe' environment for the children to learn we will set class rules and expectations for these lessons with the children, these will include rules similar to:

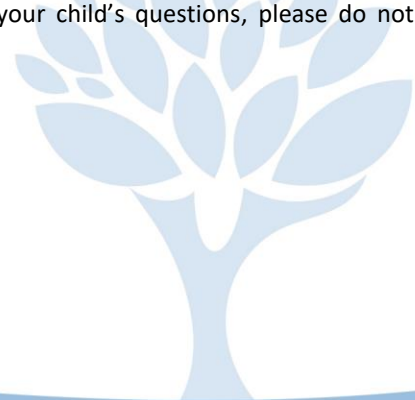
- No personal questions to be asked
- Show respect for the views of others
- Use appropriate language
- Only talk about what has been discussed in class with children of the same age or older.

We are confident that you will support your child during these teaching sessions, which will take place during next half term. Although, some of these lesson are non-statutory (highlighted in red), we believe they are beneficial for your child's learning and development. Should you have any questions or concerns regarding how the lessons will be taught, the content of lessons or answering your child's questions, please do not hesitate to contact myself or your child's class teacher.

Yours sincerely

Mrs Stroud

PSHE & Mental Health / Well-Being Lead





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Learning Together We Grow

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